Bryan's Green Care

October Newsletter

Issue No. 1 | 10/12/2021



Many breast cancer patients use cannabis to ease the symptoms of the disease and its treatments, but few tell their doctors, a new survey finds. https://www.nbcnews.com/health/cancer/many-breast-cancer-patients-are-using-marijuana-not-telling-their-n1281334



"They are not using it to get high, but to manage the side effects of breast cancer or the treatments for breast cancer," said the study's author, Dr. Marisa Weiss, founder and chief medical officer of Breastcancer.org and an oncologist at the Lankenau Medical Center in Wynnewood, Pennsylvania. "It can be a pretty rough ride. People are struggling to keep going and to have a reasonable quality of life."

5 Cannabis Products to help with Breast Cancer.

- 1. A sublingual oil An oil is great for a fast acting way to treat pain, nausea, anxiousness, sleeplessness, among many other symptoms.
- 2. A topical Mild, unscented cream, lotion, or salve is great for maintaining healthy skin during treatment. Many topicals have great healing products for radiated skin, dry skin, and surgical sites. Checking for ingredients is important. No preservatives, fillers, alcohols, or fragrances should be in skin care.
- 3. A lip balm- Chemotherapy is very drying a healing lip balm is important.
- 4. Suppositories These are a great long acting form of cannabis used for pain, uncontrolled nausea and vomiting, dry vagina, diarrhea, rectal inflammation, pelvic pain, urinary infection symptoms, and prostate symptoms. They can be used vaginally or rectally depending on symptoms.
- 5. Edible Edibles are another long acting form of cannabis great for treating symtoms of cancer.

IMPORTANT DATES IN OCTOBER

OCTOBER 14th - Lea County
Cannabis Coalition Meeting @ 6 pm @
BGC store in Hobbs.

OCTOBER 16th - Homegrown Kush Kards from 1030am-230pm @ BGC store in Hobbs.

OCTOBER 28th - Cannabis Control Division Public Hearing Meeting online @ 9 am.

Monthly Sales @ Bryan's

Every weekend in October will be BOGO 1/2 Off.

Membership Discounts are always 10% Off. This includes Veterans and First Responders.



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Cannabis and Cancer:

How can cannabis affect the symptoms of cancer? A number of small studies found that smoked cannabis can be helpful in treating nausea and vomiting form cancer chemotherapy. A few studies have found that inhales cannabis can be helpful in treating neuropathic pain. There are other studies that have shown that people who take cannabis extracts need les pain medication. More recently, scientists reported that THC and other cannabinoids such as CBD slow growth and or cause death in certain types of cancer cells growing in lab dishes. Some animal studies also suggest certain cannabinoids may slow growth and reduce spread of some forms of cancer.

